

## Letter from the President



Oprah Winfrey said “Be thankful for what you have; you will end up having more. If you concentrate on what you don’t have, you will never, ever have enough.”

What are you thankful for?  
Me...lots and lots. I’m thankful that the election is over, I’m

thankful for my family, I’m thankful for the roof over my head, and food before me, a car to drive, a business that I love, friends that are irreplaceable, good parking spots, the Hallmark channel, my dogs and kitty, sun in the summer time, cool weather in the fall, rain, Christmas, good health, my embroidery machine, turkey and dressing.... Start writing a list of all the things that you are grateful for, both big and small, just write.... you will find yourself with a smile on your face.

I hope each of you have a wonderful, safe, and happy Thanksgiving shared with those that you love!

One more thing I’m thankful for--- each of you kind, wonderful, intelligent, hardworking, successful, amazing ladies that I call my friends of EWI. Thank you!

PS -- Food makes our holidays festive and I’ve shared a few of my favorite recipes in this newsletter. Enjoy!

**Kathryn Dirks**  
ETCETERA Clothing  
EWI Corpus Christi  
President 2016-2017

## 2016-2017 Officers, Directors & Committee Chairs

### President

Kathryn Dirks -- ETCETERA

### Vice President

Bunny Forgione-Texas A&M-CC

### Secretary

Stephanie Price – Four Star Health and Safety

### Treasurer

Christine Salch-Swank, Salch, and Henderson P.C.

### Sergeant-at-Arms

Lisa Wright - Your Personal Best

### Retention and Recruitment

Tracy Trevino - Restorative Healthcare  
of South Texas

### Fundraising

Carla Hoffman-Hearing Aid Company of Texas

### Programs

Janet Maxwell -- Business Interiors of Texas  
Donna Patterson -  
South Texas Money Management

### Director At-Large & Nominating Committee

Sheri Emerick -- Art Museum of South Texas

### Website & Public Relations

Gracie Martin -- Ensemble Group

### Scholarship

Laura Hausman -- Northern Beef Industries

### Publication

Sharon Trott – Trott Communication

### Public Relations

Debbie Lindsey-Opel  
Three Dimensional Development

### Reading Rally

Gracie Martin -- Ensemble Group  
Linda Calhoun - Marlin Works

## Announcements

From Lisa Wright,  
Your Personal Best Training Studio:

### FREE Brain Health Talk!

#### Conservative Ways to Prevent Alzheimer's Dementia and Tips on Optimal Brain Health Thru Exercise and Ketones

Learn how to improve your brain health thru exercise and nutrition. Dr. Deborah Hodges has been practicing neurology for 18 years currently in San Antonio and previously in Corpus Christi. She specializes in headache medicine but sees all neurological conditions.



**Presenting  
Neurologist Deborah Carver-Hodges, MD**

**November 19<sup>th</sup>  
10 - 11am**

**Your Personal Best Training Studio**  
4102-E S. Staples St., Corpus Christi, TX 78411

Space is Limited. Call/Email **TODAY** to reserve your spot or **ONLINE** at:

<https://goo.gl/pks4pS>



Lisa G. Wright, CFT-FAS  
(361) 549-4604  
[lisa@ypbtrainingstudio.com](mailto:lisa@ypbtrainingstudio.com)

**From Sheri Emerick, Art Museum of South Texas:**  
See Santa like you have never seen him before! Santa Classics is a series of photographs created by artist, photographer, and Santa devotee, Ed Wheeler.

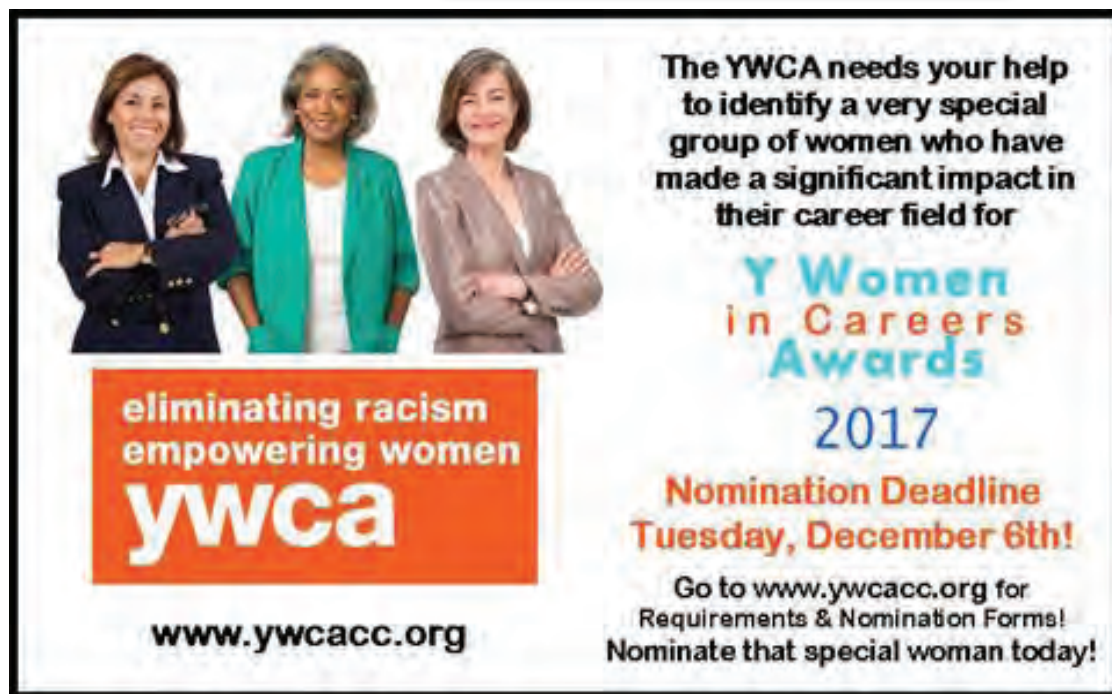
With humor and reverence to the originals, Wheeler imagines Santa entering into the great masterworks of art. Visitors will smile, laugh, and enjoy this exhibition as it celebrates fine art and the holiday season. Plan to stop by the selfie station and snap a picture of yourself posing as Venus!

And don't forget your Santa Classics mugs for sale in the Museum gift shop! Plus lots of other cool stuff!



**Nancy Wesson-Dodd** says thanks to all of you who supported YWCA's Yuletide Luncheon & Market! Your sponsorships, seats, silent auction item donations, donations & shopping made it a very successful event—in addition to being such fun!

## Announcements



The YWCA needs your help to identify a very special group of women who have made a significant impact in their career field for

**Y Women in Careers Awards**

**2017**

**Nomination Deadline Tuesday, December 6th!**

Go to [www.ywcacc.org](http://www.ywcacc.org) for Requirements & Nomination Forms! Nominate that special woman today!

eliminating racism  
empowering women  
**ywca**

[www.ywcacc.org](http://www.ywcacc.org)

We know you know that special woman who deserves to be recognized for her professional accomplishments! Nominations for 2017 Y Women in Careers Awards are open! Deadline for submissions is 4:00 p.m. Tuesday, December 6, 2016. The awards banquet will be Thursday, March 2, 2017. If you have any questions, please reply to this email and we will get you what you need! Print out the form, put the packet together and send it in. [ywcacc@ywcacc.org](mailto:ywcacc@ywcacc.org); fax (361) 857-0254; mail 4601 Corona, 78411. Do it today! (The form and Hall of Fame list can be found at the end of this newsletter).

*Vicki Mithcell, Kathryn Dirks and Linda Allen all dressed up for the LCAM in Spokane!!*





## Pumpkin Earthquake Cake

Source: The Girl Who Ate Everything  
also, Kitchen of Kathryn Dirks

### Ingredients:

- ½ cup shredded coconut
- ½ cup chopped pecans

### For the Cake:

- 1 (15.25 oz) yellow cake mix
- 3 eggs
- 1 cup canned pumpkin puree
- ¾ cup water
- ½ cup oil
- 1/3 cup granulated sugar
- 2 teaspoons pumpkin pie spice

### Filling:

- 1 (8 oz) package cream cheese softened
- ½ cup butter, melted
- 3 cups powdered sugar

### Topping:

- ½ cup milk chocolate chips (or semi-sweet chocolate chips)

### Instructions:

1. Preheat oven to 350 degrees and spray a 9x13 baking dish with cooking spray.
2. Sprinkle the coconut and pecans evenly over the bottom of the dish.
3. For the cake: In a large bowl, combine the cake mix, eggs, pumpkin, water, oil, sugar, and pumpkin spice. Mix until well combined and pour over the coconut and pecans.
4. For the filling: Place the cream cheese in a medium bowl and microwave for about a minute or until it's really soft. Add the melted butter and stir until combined. Add the powdered sugar and stir until smooth.
5. Place dollops of the filling all over the top of the cake batter and then using a knife, gently swirl it through.
6. Sprinkle with chocolate chips and bake for 30-40 minutes. Because of the filling, the cake will not look completely done but will as it cools. Serve warm.

Note from Kathryn: I made this for our November board meeting. I did NOT add the chocolate chips.

### *November Birthdays*

Mary Beth Riley	November 6
Myra Lombardo	November 12
Chemaine Koester	November 14
Gracie Martin	November 17
Tiffany Cox	November 20
Leona Urbish	November 21
Linda Calhoun	November 23
Tracy Trevino	November 23

### *Mark Your Calendars!*

#### **Wednesday, December 7**

EWI Board Meeting  
Noon, CC Yacht Club

#### **Wednesday, December 14**

EWI General Meeting  
11:30 a.m.  
Katz 21, 5702 Spohn Dr.

## Pumpkin Bread

From the Kitchen of Kathryn Dirks

### Ingredients:

- 3 cups flour
- 1 teaspoon each: cinnamon, allspice, cloves, nutmeg, baking power
- ½ teaspoon salt
- ½ teaspoon baking soda
- 1 cup vegetable oil
- 3 cups sugar
- 3 eggs beaten
- 1 teaspoon vanilla
- 2 cups canned pumpkin
- 1 cup chopped pecans
- 1 cup raisins (optional)

### Instructions:

- Preheat oven to 350 degrees. Grease and flour two large loaf pans.
- Sift dry ingredients. Mix oil, sugar, eggs and vanilla. Add to dry mixture. Add pumpkin, nuts and raisins. Mix until well combined.
- Pour evenly into the two loaf pans and bake for 1 hour or until a toothpick comes out clean.

This is a recipe that my mother has made all of my life. It came from her Aunt Chloe. It's delicious! A few years ago, I found I found this orange butter recipe that, in my opinion, takes it to another level!

## Orange Butter

### Ingredients:

- 2 sticks unsalted butter
- 2 cups powdered sugar
- Grated rind of two oranges
- 2 Tablespoons orange juice concentrate

### Instructions:

1. Beat butter and sugar together.
2. Add orange rind and orange juice concentrate and mix well.
3. Place in a decorative crock. Serve with Pumpkin Bread.





**Minutes of the Board of Directors Meeting  
EWI of Corpus Christi  
EWI ®  
November 2, 2016**

**Call to Order:** Meeting was called to order at 12:05 pm by President Kathryn Dirks.

**Roll Call:** Attending were: Tracy Trevino, Sharon Trott, Gracie Martin, Christine Salch, Sheri Emerick, Kathryn Dirks, Carla Hoffman, Donna Patterson, Karen Barnes, Debbie Lindsey-Opel and Linda Allen.

**Minutes:** October 2016 minutes were reviewed. Christine Salch moved to accept the minutes; Sheri Emerick seconded. October 2016 minutes were accepted.

**Treasurer's Report:** Christine Salch presented the attendance sheet for the previous year. She also presented the actual budget that was passed for the upcoming year. Financial report is as follows: Cash position \$49,606 in checking account. Christine also reported that Corporate will be sending the November/December renewals. Christine also reiterated that members must get online to Register with Corporate. Corporate is requiring a Profile be created on the Corporate Website or a member will not be recognized by Corporate. Carla Hoffman moved to accept the Financial Statement as presented; Donna Patterson seconded. Financials were accepted.

**President's Report:** Kathryn welcomed both old and new board members and asked if anyone had any questions or concerns. General discussion was held on a number of topics including fundraising ideas, and categories of membership to be thinking about for membership. Kathryn also reported that Elizabeth Buntrock would like to come back as a member.

**Vice President's Report:**

**Sergeant at Arms Report:**

**Website:**

**Scholarship:**

**Membership:** Karen Barnes reported Marcia Keener has been approved. Marcy Rodriguez has been approved and we are awaiting her dues payment.

**Membership Orientation:**

**Nominating Committee:**

**Public Relations:** Debbie Lindsey-Opel reported she will put together a calendar of events to help with publicity.

**Reading Rally:** Donna Patterson reported the Reading Rally was a success. She would also encourage all new EWI members to attend the Reading Rally and would like to export the long-term impact of the Y-Teen experience on the girls attending.

**Standards of Excellence:**

**Ways & Means:** Carla Hoffman reported she would like to move the fundraiser back to February and asked for ideas about themes. Discussion was held about having a luncheon sponsor which would help with funding. Discussion was held on an idea of Debbie Lindsey-Opel's to host a Women's Conference. The idea is based on a successful conference held previously in Corpus Christi.

**Publications:** Sharon Trott states she will be asking for announcements for the upcoming newsletter.

**Programs:** Donna Patterson reported the November meeting will be a style show and December will be held at the new KEDT studios. February 2017 may be a new member orientation and mixer.

**Unfinished Business:**

**New Business:** Sheri Emerick volunteered to head up Member Orientation. Linda Allen and Karen Barnes agreed to serve and Christine Salch will check on a date for the Bay Yacht Club meeting room availability.

**Announcements:**

**Adjournment:** Meeting was adjourned at 7:15 by Kathryn Dirks.

**Approved:**        **Submitted:** Sheri Emerick for Stephanie Price

# Y Women in Careers Award

## 2017 Nomination Form

*Nominate a successful, professional woman  
& tell us why she deserves this honor:*

### NOMINEE INFORMATION

Name of Person Being Nominated

Business Phone

Position/Title of Person Being Nominated

Cell Phone

Employer/Business Name

Business Address

Email of Person Being Nominated

Home Address of Person Being Nominated

### NOMINATOR INFORMATION

Your Name (Person Nominating)

Your Business Phone

Your Employer/Business

Your Cell Phone

Your Business Address

Your Email

**NOMINATION PACKETS MUST BE RECEIVED BY  
TUESDAY, DECEMBER 6, 2016**

Send to: YWCA Corpus Christi  
C/O Nancy Wesson-Dodd  
4601 Corona Dr., 78411  
361-857-5661X13  
361-857-0254 (Fax)  
ywcacc@ywcacc.org

#### Nomination Packet to Include

- THIS FORM, completed
- 2-Page Current Resume
- 1 Letter of Recommendation regarding nominee's career achievements
- **Maximum of 5 Pages per Nominee**

#### Nomination Requirements

- Specify education, certificates, and licenses
- Why does nominee stand out in her career field?
- Minimum **10 years** of professional experience
- Business owner OR high level responsibilities in current position
- In business / employed for pay (not volunteer or retired)
- Makes contributions to her field beyond basic job duties
- Professionally recognized in her field
- Accomplishments surpass colleagues' achievements
- **How** has nominee contributed to **YWCA mission:**  
**Eliminating Racism**  
**Empowering Women**
- YWCA Corpus Christi Board, staff & past honorees not eligible

**eliminating racism  
empowering women  
ywca**

ywca.org/corpuschristi  
YWCA is a 501(c)(3) non-profit

# y Women In Careers Hall of Fame

Chris Adler 2002  
Andra J. Allen 1993  
Bonnie A. Allin 1997  
Joan Kelly Allison 1985  
Sandra Alvarez 2009  
Gail Anderson, P.E. 2007  
Gertrude Applebaum 1982  
Lilia A. Arandela 2016  
Anne Legendre Armstrong 2000  
Gretchen Arnold 2006  
Libby Averyt 1996  
Ruth Bakke 1986  
Jane Bakos 2001  
Marjorie R. Barlow, Ph.D. 2003  
Sister Janie Barrera 1985  
Nelia Barrera 1991  
Barn Benning 2011  
Mary Helen Bertanga 2009  
Ann Berry 1984  
Laura Bery 2002  
Virginia Bickley Brown 2004  
Janis Lynne Birchall, M.D. 1988  
Cindy Boudloche 1992  
Nancy Bowen, Ph.D. 1982  
Jennifer Bowen-Bates 2010  
Sherry L. Bowers 2009  
Dinah Bowman 1996  
Marion Luna Brem 1993  
Ann Brey 1979  
Sheila Briones 1992  
Pamela Lemming Brower 2013  
Debra B. Bruce 2000  
Gina Prince Bryant 2013  
Lt. Carolyn Byrd 1980  
Irma Caballero 1986  
Cheryl Cain 2016  
Barbara Canales 2015  
Christine Canterbury, M.D. 2005  
Julie Carbajal, Ed.D. 2007  
Rosario Carizo 1995  
Patricia L. Castillo, Ed.D. 2007  
Bernadine Cervantes 2000  
Kathryn Childers 1992  
Teresa Clark 1994  
Kay Clayton, Ph.D. 1998  
Sandra Clement, Ed.D. 2015  
Katherine R. Conoly, Ed.D. 2003  
Laurie W. Cook 1999  
Jilissa Cotten 2012  
Sister Kathleen Coughlin 1984  
Doreen Taylor Crow 1996  
Ede Day 1986  
Rosaura De Los Santos 2011  
Margaret Oliveira Dechant 2005

Diane DeCou, C.P.A. 2007  
Vicki DeFratus 1988  
Imelda Delgado, D.M. 2002  
Kathy Karp Deumyer 1999  
Mary Ann Diamond 1983  
Paige Eastland Dinn 2000  
Gayle Dornfeld Doraine 2001  
Dawn Ellen Dorsey, Ph.D. 2004  
Sharon Duke, Ph.D., M.D. 1991  
Anne Furman Dunn 1998  
Sue Wise Dyke 1981  
Bibiana B. Dykema 1995  
Anita Eisenhower 2005  
\*Pat M. Eisenhower 1981  
Pat P. Eldridge 2007  
Becky Ann Espinosa 2011  
Sue Sellors Finley 1995  
Laura Fischer 2004  
Deborah W. Fisher 2001  
Anna M. Flores 2007  
Lilly Flores-Vela 1994  
Cynthia B. Foster 1984  
J. Haroldine Fox 1989  
Demarious K. Frey, D.V.M. 1980  
Kathryn Funk-Baxter 2013  
Patricia Wentworth Furlay 1998  
Alma L. Garcia, Ed.D. 2014  
Blanca Rosa Garcia, Ph.D. 1995  
Chris Davis Garcia 2012  
Clotilde Garcia, M.D. 1979  
Lucinda J. Garcia 2012  
Anita Mallory Garrett-Roe 2010  
Maria Luisa Garza, Ed.D. 2013  
Mary Jane Garza, Ed.D. 2013  
Teresa Gauntt 2008  
Gail Gleimer 2008  
Jane Goode 2003  
Jeannette Gossage 1991  
Sarah Graham 1982  
Amy Rhoads Granberry 2014  
Melanie H. Griffin 1989  
Shawn Bevly Groesbeck 2004  
Rene Haas 2002  
Loyce M. Hagens, Ph.D. 1985  
Page H. Hall 2010  
Pamela A. Hall, M.D. 2008  
Mary Lou Hamill 1983  
Mary Jane Hamilton, Ph.D. 2011  
Bea Hanson 2008  
Sandra S. Harper, Ph.D. 2000  
Cathy Harrison 1994  
Sandy Hartensteiner-Worst 2016  
\*Judy Hawley 2002  
Ann Hennis 2008

Thurma Hilton 1997  
Carol Sue Hipp 1994  
Gail M. Hoffman 2005  
Galen Wilde Hoffstadt 2005  
\*Jeannette Holloway 1980  
\*\*G. Joan Holt, Ph.D. 2016  
Capt. N. E. Honey, U.S.N. 1999  
Dee Hopkins, Ed.D. 2007  
Rose Royce Huegele 1997  
Keely Hunsaker, D.D.S. 2015  
Susan E. Hutchinson 1992  
Claudia Jackson 1993  
Lalitha M. Janaki, M.D. 2001  
Margaret Jataine 1998  
Melba Jimenez 2016  
Joyce Johnson 1986  
Nina Johnson 1986  
Laura Jordan 2009  
Janis Jordan, Ed.D. 2010  
Linda K. Jordan 2001  
Ruth Korn Josephs 2003  
Lorraine B. Kabot 1995  
Jean Keas 1991  
Lenora Irwin Keas 2012  
Marcia Keener 2002  
Heather Kendrick 1979  
Lou Kennedy 1997  
Deanie M. King, JD 2006  
Karen King 2008  
Kendra Kinnison, CPA 2005  
Paulette Kluge 2013  
Donna Kole 1983  
\*\*May Kollaja 2007  
Sharon Kollaja 2013  
Dot Petterson Kent 1995  
Dr. Jo Kostoch 1994  
Dorothy Kucera 1997  
Sandra Lanier-Lerma 1996  
Reverend Gloria Lear 2010  
Grandis Lenken 2003  
Bernice Leonard 1979  
Debbie Lindsey-Opel 2000  
Rachel Littlejohn 1982  
Myra A. Lombardo 1999  
Gloria Ann Lopez, Ph.D. 2004  
Diane Lowrance 2009  
Jo Ann Luckie, Ed.D. 1988  
Edna McDuffie Manning, Ed.D. 1983  
Coleman Madigan, M.D., 2009  
Brenda Marshall 1998  
Diana I. Martinez, Ph.D. 2001  
Consuelo G. Martinez, Ed.D. 2005  
Nelda Martinez 2000  
Anne J. Matula, Ed.D. 1997

Evelyn McCarty, D.M. 2004  
Dr. Dorothy S. McClellan 1993  
Tammy Frank McDonald 2014  
Barbara McDowell 1993  
Colleen McHugh 1996  
Linda McKamie 2016  
Mary McQueen, C.F.R.E. 2005  
Christine Meadows 1991  
Isabel C. Menendez-Martinez, M.D. 2006  
Jane Merritt 2009  
Josephine W. Miller 1996  
Lauraine Miller 2002  
Shirley Mims 1999  
Betty Mobley 2001  
Linda Mora, Ed.D. 1992  
Connie Munoz 2002  
Lillian Anderson Murray 1999  
Suzanne J. Nelson, Ed.D. 1989  
Sarah O'Brien 2012  
Yolanda G. Olivarez 2005  
Leah Pagan Olivari 2009  
Rebecca A. Palacios 1997  
Lorena Parada-Valdes 2014  
Marie W. Pennington 1981  
Bonnie Pereida 1986  
Yolanda Peronis 1979  
Mary Dale Peterson, M.D. 1998  
Diane Luliano Picho 1998  
Valerie Pompa 2014  
Dr. Jennifer S. Prouty 1999  
Kelly M. Quintanilla, Ph.D. 2014  
Flicka Rahn 1994  
Guadalupe L. Rangel 2001  
Irma Rangel 2001  
Celia Reyes-Acuna, M.D. 2000  
Cissy Reynolds-Perez 2006  
Mary Rhodes 1995  
Elizabeth Chu Richter 2000  
Barbra Riley 2000  
Lillian Riojas 2015  
Carie Roach 2015  
Roxanne Robertson, D.D.S. 2015  
Sara M. Robinson 1988  
Gloria Romero-Nelson 1988  
Laura Leal Rosales, Ed.D. 2012  
Margie Rose 2012  
Paula Rosenstein, Ph.D. 2014  
Ola Underhill Rushing 1995  
Anita Saenz-Carvalho 2010  
Martha Salazar-Zamora, Ed.D. 2003  
Elda Sanchez, Ed.D. 2012  
Patricia Schmitt, Ph.D. 1984  
Deanna J. Schupback 1985  
Carol Alexander Scott 1998

Virginia Scott 1989  
Johnnie Ray Seale 1985  
Karen Selim 2016  
Shirley Anne Selz 1984  
Amber Sharp, M.D. 1981  
Donna J. Shaver, Ph.D. 2006  
Paulette Shaw 1993  
Dora F. Shelton 1985  
Mary K. Sherwood, Ph.D. 2010  
Billie Shingleton 1979  
Bobbi Sims 1981  
Nina M. Sisley, M.D. 1989  
Donelda D. Sluyter 1982  
Marilyn Smith 1999  
Tracie Smithwick-Rodriguez, Ed.D. 2013  
Sister Martha Ann Snapka 2001  
Norma J. Sosa 1989  
Elsie Chester Southwell 1985  
Jane O. Stafford, M.D. 2011  
Catrina Steinocher 2008  
Rebecca Stone 1994  
Dr. Virginia Stone 1980  
Nancy Sulik 2006  
Mary E. Sullivan 2006  
Bertha Summers 1980  
Brooke Sween-McGloin 1997  
Sylvia Perez Swift 1999  
Hilda Tagle 1992  
Jacqueline Thomas, Ed.D. 2002  
Josefina Torres, M.D. 2002  
Delma Trejo 2011  
Vicki Triplett 2011  
Sharon Trott 2016  
Betty N. Turner 1988  
Yma Valls Urban 1999  
Velda Vela-Trujillo, Ph.D. 2011  
Linda Pompa Villarreal, Ed.D. 2008  
Miriam Wagenschien, Ed.D. 1979  
Averill J. Walters 1993  
Sandra L. Watts 2003  
Faye Webb 1994  
Tonya Beane Webber 2007  
Judy Wenger 1983  
Kathleen M. White, CPA 2004  
Cheryl Whited 2009  
Sylvia A. Whitmore 1996  
Jane Wilhour, Ed.D. 1996  
Mary Williams 1991  
Jill O. Wilson 2006  
Frances Wilson 2014  
\*\*Lena Coleman Wilson 2015  
Velda V. Woods 1979

\*Previous Athena Award Honoree  
\*\*Lifetime Achievement Award

eliminating racism  
empowering women **ywca**

03.04.2016